

EXAMINING NON-ORDINARY PHENOMENA EXPERIENCED DURING CHILDHOOD

NANCI TRIVELLATO



**SOCIETY
FOR
SCIENTIFIC
EXPLORATION**

1
00:00:08,960 --> 00:00:02,360
is and how people respond to them please

2
00:00:10,759 --> 00:00:08,970
welcome Nancy good afternoon as I was

3
00:00:12,440 --> 00:00:10,769
saying I spent the last days not

4
00:00:14,150 --> 00:00:12,450
thinking about what I was going to say

5
00:00:17,120 --> 00:00:14,160
but we're hurting for what I should not

6
00:00:20,480 --> 00:00:17,130
say not to waste time and I hope I go

7
00:00:22,640 --> 00:00:20,490
well here anyways I thought that I

8
00:00:24,439 --> 00:00:22,650
cannot bring you the tale data because

9
00:00:26,839 --> 00:00:24,449
that would not be possible with the time

10
00:00:28,910 --> 00:00:26,849
we have but you need context you need

11
00:00:30,589 --> 00:00:28,920
context to follow what I'm doing and why

12
00:00:33,139 --> 00:00:30,599
I'm doing and I think that's what brings

13
00:00:35,569 --> 00:00:33,149

value here first thing I want to share

14

00:00:38,959 --> 00:00:35,579

with you is that when I was quite young

15

00:00:41,959 --> 00:00:38,969

maybe around 7 8 years old I had an

16

00:00:46,010 --> 00:00:41,969

out-of-body experience I have had a few

17

00:00:47,630 --> 00:00:46,020

up to that moment but I didn't mind much

18

00:00:50,180 --> 00:00:47,640

about them for me they were just another

19

00:00:53,119 --> 00:00:50,190

experience but I happened to see

20

00:00:55,910 --> 00:00:53,129

something that I had no way of knowing a

21

00:00:58,970 --> 00:00:55,920

relative of mine was in some paulo city

22

00:01:01,760 --> 00:00:58,980

in a hospital I didn't know he was ill I

23

00:01:03,889 --> 00:01:01,770

didn't know how some Paulo looked like I

24

00:01:05,929 --> 00:01:03,899

have never been to a hospital I am from

25

00:01:09,080 --> 00:01:05,939

a very small place I have we didn't have

26

00:01:11,240 --> 00:01:09,090

a movie theater I have never been to a

27

00:01:13,550 --> 00:01:11,250

library up to that time we didn't have a

28

00:01:16,070 --> 00:01:13,560

TV at home and there goes but anyway I

29

00:01:18,950 --> 00:01:16,080

had no way to imagine that and I saw in

30

00:01:21,109 --> 00:01:18,960

details the room where he was recording

31

00:01:23,420 --> 00:01:21,119

and everything and just that just stayed

32

00:01:25,840 --> 00:01:23,430

knowing the background of my mind I just

33

00:01:29,210 --> 00:01:25,850

came later to know what I saw was real

34

00:01:32,179 --> 00:01:29,220

and what the surgery was and so forth I

35

00:01:34,460 --> 00:01:32,189

have had some experiences other than the

36

00:01:36,289 --> 00:01:34,470

out-of-body experience that sometimes I

37

00:01:39,649 --> 00:01:36,299

would feel for example somebody talking

38

00:01:42,260 --> 00:01:39,659

to me and I would look nobody there I

39

00:01:44,690 --> 00:01:42,270

was never scared of the talking but I

40

00:01:46,190 --> 00:01:44,700

was scared of nobody there because I

41

00:01:48,289 --> 00:01:46,200

couldn't understand what was going on

42

00:01:50,719 --> 00:01:48,299

and I could not represent with words

43

00:01:53,510 --> 00:01:50,729

what was going on but everything again

44

00:01:55,520 --> 00:01:53,520

normal like any child we do not know if

45

00:01:58,219 --> 00:01:55,530

it's really there if it's we are

46

00:02:00,410 --> 00:01:58,229

confusing how we should explain or not

47

00:02:03,530 --> 00:02:00,420

if we should tell others or not I never

48

00:02:07,130 --> 00:02:03,540

told anybody until we moved to another

49

00:02:09,740 --> 00:02:07,140

house and the energy field was quite

50

00:02:11,210 --> 00:02:09,750

different the information around was

51
00:02:12,770 --> 00:02:11,220
quite different

52
00:02:16,400 --> 00:02:12,780
and I started having experience that

53
00:02:20,300 --> 00:02:16,410
were quite unpleasant and scary actually

54
00:02:22,820 --> 00:02:20,310
so that was just a period of time it

55
00:02:27,400 --> 00:02:22,830
went away and later on I was very

56
00:02:31,640 --> 00:02:27,410
interested in studying about what is the

57
00:02:33,860 --> 00:02:31,650
information behind life and death why

58
00:02:35,600 --> 00:02:33,870
are we here what is life means are we

59
00:02:37,070 --> 00:02:35,610
here just in all eyes I would say in

60
00:02:39,950 --> 00:02:37,080
Brazil just with barbecue in the

61
00:02:42,860 --> 00:02:39,960
weekends and go with family and then

62
00:02:44,900 --> 00:02:42,870
then why so for me that was always very

63
00:02:47,360 --> 00:02:44,910

important and as a kid I would think

64

00:02:49,550 --> 00:02:47,370

that I was going to dedicate to a field

65

00:02:52,280 --> 00:02:49,560

to help a lot of people a field that

66

00:02:54,620 --> 00:02:52,290

would study who we are inside and how we

67

00:02:56,600 --> 00:02:54,630

grow inside of course it was a big

68

00:02:57,560 --> 00:02:56,610

frustration when I noticed this field

69

00:03:00,170 --> 00:02:57,570

didn't exist

70

00:03:02,540 --> 00:03:00,180

I studied what I could in this area when

71

00:03:04,760 --> 00:03:02,550

I finally noticed there was not much

72

00:03:07,240 --> 00:03:04,770

more that would be answering the

73

00:03:10,070 --> 00:03:07,250

questions I had I decided to join

74

00:03:13,010 --> 00:03:10,080

studying researching and contributing

75

00:03:15,320 --> 00:03:13,020

with the experiences I had I have been

76
00:03:18,560 --> 00:03:15,330
to many places and read many books but I

77
00:03:20,449 --> 00:03:18,570
have a style of for me of understanding

78
00:03:22,970 --> 00:03:20,459
my experiences and understanding these

79
00:03:25,610 --> 00:03:22,980
experiences that I like to exam the

80
00:03:28,280 --> 00:03:25,620
mechanism even when we do not have the

81
00:03:30,610 --> 00:03:28,290
full answer something has to be logic or

82
00:03:33,590 --> 00:03:30,620
has at least will leave room for

83
00:03:35,720 --> 00:03:33,600
explanation and of course we do not have

84
00:03:37,400 --> 00:03:35,730
the explanation for everything but we

85
00:03:38,300 --> 00:03:37,410
don't have the explanation for

86
00:03:40,640 --> 00:03:38,310
everything

87
00:03:42,289 --> 00:03:40,650
in the physical world either there are

88
00:03:45,590 --> 00:03:42,299

so many things in many different areas

89

00:03:47,630 --> 00:03:45,600

biology medicine for sure physics that

90

00:03:49,789 --> 00:03:47,640

we don't have the information we are

91

00:03:52,430 --> 00:03:49,799

fine with that but when it comes to

92

00:03:55,820 --> 00:03:52,440

anything that deals with spirituality we

93

00:03:58,039 --> 00:03:55,830

fall into a big problem that is I like

94

00:03:59,600 --> 00:03:58,049

very much the scientific principles and

95

00:04:01,400 --> 00:03:59,610

how they are and I follow them and I

96

00:04:04,729 --> 00:04:01,410

think we should not go further from

97

00:04:07,759 --> 00:04:04,739

mainstream science because the method is

98

00:04:09,920 --> 00:04:07,769

good in general in principle but we do

99

00:04:12,530 --> 00:04:09,930

not have a good ontology we do not have

100

00:04:14,949 --> 00:04:12,540

a good methodology to exam things there

101
00:04:17,539 --> 00:04:14,959
are more subjective in nature or even

102
00:04:21,289 --> 00:04:17,549
phenomena that are not purely physical

103
00:04:23,990 --> 00:04:21,299
so the it's just repeating what all of

104
00:04:24,390 --> 00:04:24,000
us have been saying here right but it's

105
00:04:26,760 --> 00:04:24,400
a big

106
00:04:30,719 --> 00:04:26,770
Challenge and then we also know that any

107
00:04:32,850 --> 00:04:30,729
study in social area social sciences in

108
00:04:34,740 --> 00:04:32,860
general it's another challenge on top

109
00:04:37,980 --> 00:04:34,750
because we are dealing with something

110
00:04:41,189 --> 00:04:37,990
that's not so easily you know measurable

111
00:04:43,620 --> 00:04:41,199
but we need to find means to do it and

112
00:04:46,290 --> 00:04:43,630
it's so important when we can bring into

113
00:04:48,990 --> 00:04:46,300

a text discourse some feelings perhaps

114

00:04:50,730 --> 00:04:49,000

that the population have are certain

115

00:04:53,490 --> 00:04:50,740

minority or certain groups so we can

116

00:04:55,890 --> 00:04:53,500

understand them now all right those who

117

00:04:58,890 --> 00:04:55,900

experience a phenomena a minority I

118

00:05:01,800 --> 00:04:58,900

think as adults we are and those who are

119

00:05:04,409 --> 00:05:01,810

open to think of it we are even greater

120

00:05:05,820 --> 00:05:04,419

minority those were open to think of it

121

00:05:09,300 --> 00:05:05,830

but to think from a scientific

122

00:05:12,150 --> 00:05:09,310

standpoint but not being closed-minded

123

00:05:13,950 --> 00:05:12,160

even less and here we are some of them

124

00:05:17,210 --> 00:05:13,960

and I feel here very much among

125

00:05:20,040 --> 00:05:17,220

colleagues looking for the same

126

00:05:21,960 --> 00:05:20,050

solutions same answers and four

127

00:05:25,589 --> 00:05:21,970

different ways to come to something

128

00:05:27,719 --> 00:05:25,599

conclusive now when I started after 30

129

00:05:30,600 --> 00:05:27,729

years traveling and teaching about the

130

00:05:32,010 --> 00:05:30,610

esight I became an instructor on how

131

00:05:34,620 --> 00:05:32,020

people would sense their energies and

132

00:05:38,610 --> 00:05:34,630

interpret their experiences I thought

133

00:05:40,969 --> 00:05:38,620

that was fundamental in my life but then

134

00:05:45,300 --> 00:05:40,979

I noticed that throughout these years

135

00:05:47,969 --> 00:05:45,310

parents teachers in general did not know

136

00:05:50,909 --> 00:05:47,979

how to help kids who are undergoing this

137

00:05:52,920 --> 00:05:50,919

type of phenomena and because of the

138

00:05:55,500 --> 00:05:52,930

time that I was fearful of my

139

00:05:58,500 --> 00:05:55,510

experiences I thought that is not fair

140

00:06:00,990 --> 00:05:58,510

that's not fair with kids I think it's

141

00:06:04,260 --> 00:06:01,000

wonderful when we do experiments maybe

142

00:06:07,350 --> 00:06:04,270

devising different devices so we can

143

00:06:08,219 --> 00:06:07,360

measure our intent great but we have a

144

00:06:10,860 --> 00:06:08,229

problem

145

00:06:13,350 --> 00:06:10,870

that's right here right now at our hands

146

00:06:16,320 --> 00:06:13,360

how can we help those who have

147

00:06:18,360 --> 00:06:16,330

experience and they need explanations or

148

00:06:21,629 --> 00:06:18,370

they need at least some guidance on how

149

00:06:24,029 --> 00:06:21,639

to deal with them emotionally or as I

150

00:06:25,800 --> 00:06:24,039

would like to say energetically whatever

151
00:06:28,710 --> 00:06:25,810
this word means we do not even have

152
00:06:31,740 --> 00:06:28,720
proper words to address the concepts

153
00:06:34,200 --> 00:06:31,750
that we want so here was some of us sat

154
00:06:35,490 --> 00:06:34,210
of Energy's bioenergy baby bio field and

155
00:06:37,030 --> 00:06:35,500
maybe prom night maybe

156
00:06:41,110 --> 00:06:37,040
so we are

157
00:06:43,990 --> 00:06:41,120
so behind we all of us in terms of

158
00:06:46,480 --> 00:06:44,000
creating a language that all of us we

159
00:06:48,490 --> 00:06:46,490
can understand each other and only then

160
00:06:50,350 --> 00:06:48,500
when we can understand each other in our

161
00:06:53,590 --> 00:06:50,360
language we can disagree with each other

162
00:06:55,810 --> 00:06:53,600
properly and we will I hope so and now

163
00:06:58,210 --> 00:06:55,820

we have to disagree we have to debate we

164

00:07:01,210 --> 00:06:58,220

have to come with a you know best

165

00:07:06,610 --> 00:07:01,220

answers up to that moment so I decided

166

00:07:09,040 --> 00:07:06,620

to start this study that I conducted so

167

00:07:12,040 --> 00:07:09,050

I did interviews because I did not want

168

00:07:13,990 --> 00:07:12,050

to write about these experiences which

169

00:07:16,420 --> 00:07:14,000

is my intent to write a book to parents

170

00:07:18,580 --> 00:07:16,430

mostly I don't think I can address kids

171

00:07:21,880 --> 00:07:18,590

directly but I can help parents who are

172

00:07:23,980 --> 00:07:21,890

open minded to understand their kids so

173

00:07:27,040 --> 00:07:23,990

but I decided I could not write only

174

00:07:29,200 --> 00:07:27,050

based on my experiences and only any

175

00:07:32,230 --> 00:07:29,210

doctor experiences that I have heard do

176

00:07:35,050 --> 00:07:32,240

you imagine 28 years traveling and you

177

00:07:37,210 --> 00:07:35,060

know mentoring people I heard lots of

178

00:07:39,340 --> 00:07:37,220

experience but I wanted to do something

179

00:07:41,890 --> 00:07:39,350

very strict according to the best

180

00:07:46,180 --> 00:07:41,900

scientific methods we have for this type

181

00:07:48,880 --> 00:07:46,190

of thing so I did interviews in that

182

00:07:51,760 --> 00:07:48,890

interviews most of them with people I

183

00:07:55,390 --> 00:07:51,770

don't know I had never heard about and I

184

00:07:57,940 --> 00:07:55,400

want to combine the quantitative data or

185

00:08:01,180 --> 00:07:57,950

better saying bring qualitative

186

00:08:03,400 --> 00:08:01,190

quantitative data from the qualitative

187

00:08:05,170 --> 00:08:03,410

right and that's a big challenge

188

00:08:07,390 --> 00:08:05,180

Jennifer was just addressing that

189

00:08:09,250 --> 00:08:07,400

brilliantly was very nice introduction

190

00:08:11,800 --> 00:08:09,260

I'm not going to tell you about my

191

00:08:15,220 --> 00:08:11,810

fearful experiences but I have here a

192

00:08:16,990 --> 00:08:15,230

little transcript from one of the cases

193

00:08:19,000 --> 00:08:17,000

that I have studied I am going to read

194

00:08:22,660 --> 00:08:19,010

here with you so you get a feeling of

195

00:08:25,600 --> 00:08:22,670

what I'm talking about one of the

196

00:08:28,180 --> 00:08:25,610

subjects said I was afraid from four to

197

00:08:32,230 --> 00:08:28,190

twelve I knew there were intangible

198

00:08:34,510 --> 00:08:32,240

people around I could feel it sometimes

199

00:08:37,120 --> 00:08:34,520

I would hear them sometimes I would see

200

00:08:39,430 --> 00:08:37,130

them and sometimes I would feel them

201
00:08:42,010 --> 00:08:39,440
touching me going to his lip was never a

202
00:08:44,050 --> 00:08:42,020
good experience sometimes I would wake

203
00:08:47,980 --> 00:08:44,060
up in the middle of the night and sense

204
00:08:49,710 --> 00:08:47,990
them - I also had lots of his lip

205
00:08:51,960 --> 00:08:49,720
paralysis and falling sensation

206
00:08:55,260 --> 00:08:51,970
I was completely alone with this thing

207
00:08:58,320 --> 00:08:55,270
nobody knew how to help me when I told

208
00:09:01,860 --> 00:08:58,330
my mother I saw the fear in her face she

209
00:09:04,470 --> 00:09:01,870
was paralyzed she did not want me to

210
00:09:07,380 --> 00:09:04,480
notice that but it was so easy to notice

211
00:09:10,290 --> 00:09:07,390
so I thought there was something wrong

212
00:09:12,900 --> 00:09:10,300
with my mind my loving parents could not

213
00:09:15,810 --> 00:09:12,910

understand what I was going through and

214

00:09:19,560 --> 00:09:15,820

then I have another case again just to

215

00:09:22,740 --> 00:09:19,570

illustrate I felt presences in the

216

00:09:25,950 --> 00:09:22,750

bedroom from 6 to 8 years old was the

217

00:09:29,820 --> 00:09:25,960

worst sometimes I would feel their touch

218

00:09:34,380 --> 00:09:29,830

I tried to resist not to go to my mom's

219

00:09:37,350 --> 00:09:34,390

room it seemed like an eternity some

220

00:09:39,990 --> 00:09:37,360

nights I could not fall asleep in others

221

00:09:42,750 --> 00:09:40,000

I felt they woke me up in the middle of

222

00:09:45,660 --> 00:09:42,760

the night often there would be noises in

223

00:09:49,110 --> 00:09:45,670

the room I'd stay without moving for a

224

00:09:51,480 --> 00:09:49,120

long long time sometimes I would pray

225

00:09:54,600 --> 00:09:51,490

when I could I would turn on turn the

226

00:09:56,880 --> 00:09:54,610

lights on the fear was so much I

227

00:09:59,700 --> 00:09:56,890

couldn't clearly discern to put into

228

00:10:01,110 --> 00:09:59,710

words what was happening I was extremely

229

00:10:05,460 --> 00:10:01,120

introverted and shy

230

00:10:07,890 --> 00:10:05,470

my family was Spiritist but no one

231

00:10:11,520 --> 00:10:07,900

approached me to help so this is what we

232

00:10:13,320 --> 00:10:11,530

are dealing with not for everyone I was

233

00:10:16,680 --> 00:10:13,330

very pleased with the result of my

234

00:10:18,630 --> 00:10:16,690

research because many of the data and

235

00:10:22,110 --> 00:10:18,640

the findings and some of the experience

236

00:10:23,760 --> 00:10:22,120

surprised me some are similar to things

237

00:10:26,520 --> 00:10:23,770

I have experienced but I have seen so

238

00:10:29,820 --> 00:10:26,530

many kids who would sense some of this

239

00:10:32,220 --> 00:10:29,830

in tangible reality but would know how

240

00:10:34,260 --> 00:10:32,230

to deal with it but also the biggest

241

00:10:36,240 --> 00:10:34,270

challenge here is not to hear these

242

00:10:38,460 --> 00:10:36,250

stories from people is what we were

243

00:10:41,190 --> 00:10:38,470

discussing before how do we know they

244

00:10:44,610 --> 00:10:41,200

really happened and how can I get this

245

00:10:46,920 --> 00:10:44,620

information from a child so we talked

246

00:10:48,780 --> 00:10:46,930

about conceal Ian's but right now the

247

00:10:51,000 --> 00:10:48,790

information that we have about children

248

00:10:52,740 --> 00:10:51,010

and this is something that I hope all of

249

00:10:55,590 --> 00:10:52,750

us can work to change and I'm doing my

250

00:10:58,440 --> 00:10:55,600

best to contribute is that side

251
00:11:00,470 --> 00:10:58,450
perceptions actions and cognition

252
00:11:04,550 --> 00:11:00,480
because they are the truth fields there

253
00:11:06,740 --> 00:11:04,560
site area are taken either by those who

254
00:11:09,230 --> 00:11:06,750
have a supernatural approach that the

255
00:11:11,690 --> 00:11:09,240
child is a special advanced I totally

256
00:11:14,540 --> 00:11:11,700
disagree with that I think that's wrong

257
00:11:17,510 --> 00:11:14,550
from from principle it is just a normal

258
00:11:20,060 --> 00:11:17,520
thing we don't know how to understand

259
00:11:22,820 --> 00:11:20,070
them but that is normal if it is what

260
00:11:24,830 --> 00:11:22,830
I'm talking about and we have an area of

261
00:11:27,590 --> 00:11:24,840
neurophysiology which we need to

262
00:11:30,680 --> 00:11:27,600
understand better someone yesterday

263
00:11:33,800 --> 00:11:30,690

mentioned that we need more studies

264

00:11:35,900 --> 00:11:33,810

about the brain I totally agree we need

265

00:11:38,270 --> 00:11:35,910

to understand how the brain of a young

266

00:11:40,520 --> 00:11:38,280

child works differently from an adult

267

00:11:42,230 --> 00:11:40,530

what we change but we also need to

268

00:11:44,630 --> 00:11:42,240

understand from a social point of view

269

00:11:47,810 --> 00:11:44,640

what changes on us because there are so

270

00:11:51,470 --> 00:11:47,820

many things that we are taught to you

271

00:11:53,390 --> 00:11:51,480

know repress that there may be angles of

272

00:11:56,000 --> 00:11:53,400

our manifestation that we don't even

273

00:11:57,620 --> 00:11:56,010

remember now so we need to learn to be

274

00:12:00,140 --> 00:11:57,630

able to guide all of that and most

275

00:12:02,300 --> 00:12:00,150

definitely some people could imagine

276

00:12:05,900 --> 00:12:02,310

these experiences I'm not saying they're

277

00:12:10,010 --> 00:12:05,910

all real my point is some of them may be

278

00:12:12,500 --> 00:12:10,020

real psychiatry of course is super

279

00:12:14,870 --> 00:12:12,510

important there could be cases in which

280

00:12:17,030 --> 00:12:14,880

it's a psychiatric problem it can be a

281

00:12:19,820 --> 00:12:17,040

chemical imbalance we should be able to

282

00:12:25,220 --> 00:12:19,830

help that child or adult if that is the

283

00:12:27,140 --> 00:12:25,230

case so perfectly fit here psychology of

284

00:12:30,530 --> 00:12:27,150

course there may be cases that it's a

285

00:12:32,540 --> 00:12:30,540

trauma it's some sort of memory that is

286

00:12:34,760 --> 00:12:32,550

coming out through those experiences and

287

00:12:38,300 --> 00:12:34,770

we have a religion which is not a field

288

00:12:40,100 --> 00:12:38,310

but I think interfere with all of the

289

00:12:42,050 --> 00:12:40,110

different views from the point of view

290

00:12:46,160 --> 00:12:42,060

of those who are experiencing to those

291

00:12:49,220 --> 00:12:46,170

who are examining and scientists in all

292

00:12:52,370 --> 00:12:49,230

of these areas sometimes they let their

293

00:12:54,950 --> 00:12:52,380

beliefs from what they their religious

294

00:12:56,690 --> 00:12:54,960

background to guide them and we have to

295

00:12:59,240 --> 00:12:56,700

be very careful with that to be truly

296

00:13:01,580 --> 00:12:59,250

unbiased all of the cases that I have

297

00:13:03,830 --> 00:13:01,590

exempt there I thought you know the

298

00:13:06,680 --> 00:13:03,840

person could be confused that there was

299

00:13:09,830 --> 00:13:06,690

it was not a real case I preferred to

300

00:13:12,200 --> 00:13:09,840

dismiss even after 2-3 hours of

301
00:13:13,170 --> 00:13:12,210
recording and interview because I wanted

302
00:13:15,300 --> 00:13:13,180
to collect

303
00:13:17,640 --> 00:13:15,310
that would help me understand the

304
00:13:21,300 --> 00:13:17,650
phenomenon sorry I'm speaking so fast

305
00:13:25,560 --> 00:13:21,310
you can follow me right good if not you

306
00:13:28,290 --> 00:13:25,570
raise your hand and shout there the

307
00:13:30,840 --> 00:13:28,300
information we have if we compile about

308
00:13:33,660 --> 00:13:30,850
mental diseases and how children are

309
00:13:36,360 --> 00:13:33,670
diagnosed with mental diseases it's very

310
00:13:39,210 --> 00:13:36,370
sad and there are many different studies

311
00:13:41,760 --> 00:13:39,220
even studies about schizophrenia

312
00:13:44,820 --> 00:13:41,770
schizophrenia like in childhood onset

313
00:13:47,070 --> 00:13:44,830

like around eight nine ten years old and

314

00:13:50,430 --> 00:13:47,080

I'm not saying schizophrenia does not

315

00:13:53,280 --> 00:13:50,440

exist please I'm saying it absolutely

316

00:13:56,220 --> 00:13:53,290

does but if we cannot separate what is

317

00:13:59,790 --> 00:13:56,230

the schizophrenic child from one with

318

00:14:02,250 --> 00:13:59,800

indeed perceiving something how are we

319

00:14:05,340 --> 00:14:02,260

going to establish a good science for us

320

00:14:08,610 --> 00:14:05,350

how didn't we create for example the DSM

321

00:14:11,520 --> 00:14:08,620

that guides us into observing people who

322

00:14:14,070 --> 00:14:11,530

have psychiatric problems you know you

323

00:14:17,610 --> 00:14:14,080

have a list of some behaviors but who

324

00:14:20,730 --> 00:14:17,620

said necessarily those behaviors point

325

00:14:24,090 --> 00:14:20,740

to that mental problem is statistically

326

00:14:26,640 --> 00:14:24,100

speaking right we know it does we go

327

00:14:29,340 --> 00:14:26,650

with a statistic but we also know that

328

00:14:32,130 --> 00:14:29,350

in these cases statistics may be very

329

00:14:35,940 --> 00:14:32,140

deceiving and for the one person who was

330

00:14:38,310 --> 00:14:35,950

not really mental ill and had a mad

331

00:14:43,290 --> 00:14:38,320

misdiagnosis that can be a big problem

332

00:14:45,470 --> 00:14:43,300

so I could race or study from the

333

00:14:48,840 --> 00:14:45,480

interviews I did all of this different

334

00:14:51,780 --> 00:14:48,850

phenomena naturally coming and I

335

00:14:55,820 --> 00:14:51,790

interviewed I'm going to skip this one

336

00:14:59,550 --> 00:14:55,830

I interviewed children or people from

337

00:15:02,370 --> 00:14:59,560

two-and-a-half years old to 57 of course

338

00:15:05,280 --> 00:15:02,380

those who are 57 I had to limit that

339

00:15:08,250 --> 00:15:05,290

they tell me their experience up to 14

340

00:15:10,980 --> 00:15:08,260

we have to establish what is no longer a

341

00:15:14,250 --> 00:15:10,990

child experience but a an adolescent

342

00:15:17,670 --> 00:15:14,260

experience so it was so important I see

343

00:15:20,190 --> 00:15:17,680

at the time people from 13 different

344

00:15:22,980 --> 00:15:20,200

countries six religious backgrounds

345

00:15:25,100 --> 00:15:22,990

including Muslim which was the hardest I

346

00:15:28,430 --> 00:15:25,110

think because it's more strict religion

347

00:15:31,300 --> 00:15:28,440

and almost half of them never heard of

348

00:15:34,370 --> 00:15:31,310

any of these and none of them were under

349

00:15:36,310 --> 00:15:34,380

psychoactive drugs during their

350

00:15:39,200 --> 00:15:36,320

experience

351

00:15:42,950 --> 00:15:39,210

later on some experimented with it I

352

00:15:44,870 --> 00:15:42,960

asked just to be sure I wanted to say

353

00:15:47,450 --> 00:15:44,880

here and I'm not going to read it yet

354

00:15:50,030 --> 00:15:47,460

and these people nowadays that I

355

00:15:52,820 --> 00:15:50,040

interviewed they are absolutely normal

356

00:15:55,130 --> 00:15:52,830

people maybe one or two a little bit

357

00:15:56,720 --> 00:15:55,140

miss adjusted in their career but all

358

00:15:59,390 --> 00:15:56,730

the rest medical doctors engineers

359

00:16:02,600 --> 00:15:59,400

entrepreneurs very successful people so

360

00:16:04,850 --> 00:16:02,610

I don't think we can label them as crazy

361

00:16:07,940 --> 00:16:04,860

schizophrenic irrational or anything

362

00:16:11,030 --> 00:16:07,950

like that and I certainly hope I don't

363

00:16:12,800 --> 00:16:11,040

see myself as that or you big challenge

364

00:16:14,660 --> 00:16:12,810

I had and I will have to stop around

365

00:16:16,730 --> 00:16:14,670

here was the demarcation of the

366

00:16:19,430 --> 00:16:16,740

phenomena I have to establish when I

367

00:16:22,880 --> 00:16:19,440

hear something is that a real phenomena

368

00:16:25,520 --> 00:16:22,890

what are the elements the coding that I

369

00:16:27,770 --> 00:16:25,530

find to know it's not an imagination or

370

00:16:30,230 --> 00:16:27,780

the person is not confusing a dream with

371

00:16:33,410 --> 00:16:30,240

a real experience so that was a

372

00:16:35,590 --> 00:16:33,420

challenge that I could only face because

373

00:16:39,530 --> 00:16:35,600

I have almost 30 years of experience

374

00:16:41,630 --> 00:16:39,540

researching the field and we know more

375

00:16:44,750 --> 00:16:41,640

or less you know the descriptions and

376

00:16:47,900 --> 00:16:44,760

how people read something and they try

377

00:16:51,530 --> 00:16:47,910

to mimic even though it's not a real

378

00:16:53,990 --> 00:16:51,540

experience for them also I had to create

379

00:16:58,790 --> 00:16:54,000

scales because if somebody tells me oh I

380

00:17:02,360 --> 00:16:58,800

saw spirits or I saw a being how clearly

381

00:17:05,000 --> 00:17:02,370

you saw it how sure are you so I have to

382

00:17:08,210 --> 00:17:05,010

ask questions right so that throughout

383

00:17:10,310 --> 00:17:08,220

my questions I can infer a degree so

384

00:17:12,829 --> 00:17:10,320

that person was really super clairvoyant

385

00:17:14,600 --> 00:17:12,839

this one only once in a while saw some

386

00:17:17,840 --> 00:17:14,610

subtle energies and that's it

387

00:17:20,449 --> 00:17:17,850

that is relevant and mostly it was also

388

00:17:21,890 --> 00:17:20,459

relevant and complex to create and I'm

389

00:17:24,470 --> 00:17:21,900

still working on it that is an

390

00:17:26,540 --> 00:17:24,480

exploratory study and I'm going to have

391

00:17:28,300 --> 00:17:26,550

other phases of the study that I take

392

00:17:32,060 --> 00:17:28,310

very very seriously

393

00:17:34,290 --> 00:17:32,070

scales of uneasiness or fear because

394

00:17:38,560 --> 00:17:34,300

some people may say oh yes I was

395

00:17:39,610 --> 00:17:38,570

how much afraid is afraid right because

396

00:17:41,530 --> 00:17:39,620

some people maybe they're just

397

00:17:43,540 --> 00:17:41,540

uncomfortable and comfortable they

398

00:17:45,040 --> 00:17:43,550

didn't know what it was and they just

399

00:17:47,290 --> 00:17:45,050

pick the first word in their mouth oh

400

00:17:50,050 --> 00:17:47,300

yes so it was afraid but how did you

401
00:17:52,690 --> 00:17:50,060
feel it Oh tell me and I was very very

402
00:17:54,850 --> 00:17:52,700
careful that was my area of study on how

403
00:17:56,560 --> 00:17:54,860
to conduct the interview so I would

404
00:17:58,900 --> 00:17:56,570
absolutely not

405
00:18:01,360 --> 00:17:58,910
to induce anything but at the same time

406
00:18:03,370 --> 00:18:01,370
give room for people to remember their

407
00:18:06,340 --> 00:18:03,380
experience I might have one minute John

408
00:18:08,350 --> 00:18:06,350
I'm going to skip this true perversion

409
00:18:10,930 --> 00:18:08,360
sort of that we experienced Sears and

410
00:18:13,030 --> 00:18:10,940
then some of the findings found that

411
00:18:15,460 --> 00:18:13,040
there is a suggestive relationship

412
00:18:17,520 --> 00:18:15,470
between gender and the type of psy

413
00:18:20,230 --> 00:18:17,530

experience that people are more prone to

414

00:18:22,480 --> 00:18:20,240

this is something that empirically

415

00:18:25,090 --> 00:18:22,490

Vagner and I have read observed

416

00:18:29,070 --> 00:18:25,100

throughout all of these years in our

417

00:18:31,990 --> 00:18:29,080

area some phenomena are more easily

418

00:18:33,820 --> 00:18:32,000

experienced and understood by male

419

00:18:35,650 --> 00:18:33,830

gender than female but of course it's

420

00:18:37,210 --> 00:18:35,660

just a matter of statistics I'm not

421

00:18:39,100 --> 00:18:37,220

saying it is what it is just

422

00:18:43,360 --> 00:18:39,110

statistically that is what it was

423

00:18:45,000 --> 00:18:43,370

reviewed and large level of those people

424

00:18:49,570 --> 00:18:45,010

who were more sensitive they were

425

00:18:53,860 --> 00:18:49,580

introverted not all but the very really

426

00:18:56,620 --> 00:18:53,870

big proportion reaction of parents to

427

00:18:58,630 --> 00:18:56,630

kids discourse and like to say that can

428

00:19:01,240 --> 00:18:58,640

be worse than the experience per se the

429

00:19:03,070 --> 00:19:01,250

experience can be fearful but if parents

430

00:19:05,860 --> 00:19:03,080

tell the kid oh this is just in your

431

00:19:08,620 --> 00:19:05,870

mind it's just a dream but the child is

432

00:19:11,710 --> 00:19:08,630

normal intelligent enlightened and the

433

00:19:14,800 --> 00:19:11,720

child knows I was not imagining I was

434

00:19:17,380 --> 00:19:14,810

awake I didn't invent this so that

435

00:19:19,780 --> 00:19:17,390

confuses the child twice as much and

436

00:19:21,490 --> 00:19:19,790

that can be very aggravating that was

437

00:19:24,250 --> 00:19:21,500

the worst result I saw from the

438

00:19:26,680 --> 00:19:24,260

experiences the most common experience

439

00:19:28,900 --> 00:19:26,690

was sensing no physical people lived was

440

00:19:29,620 --> 00:19:28,910

how people deal with fear can you see

441

00:19:31,600 --> 00:19:29,630

the image

442

00:19:33,460 --> 00:19:31,610

it's a lovely image that a friend drew

443

00:19:34,990 --> 00:19:33,470

for me but you know covering everything

444

00:19:36,970 --> 00:19:35,000

and just leaving maybe a little hole for

445

00:19:42,250 --> 00:19:36,980

the nose to breathe maybe some of you

446

00:19:44,860 --> 00:19:42,260

recognize that today these child's or

447

00:19:47,430 --> 00:19:44,870

those children at that time that are

448

00:19:49,230 --> 00:19:47,440

interviewed now 97% of the

449

00:19:50,790 --> 00:19:49,240

who are now adults because I interviewed

450

00:19:54,210 --> 00:19:50,800

many kids so I cannot ask you this

451
00:19:56,370 --> 00:19:54,220
question but 97% of them still have SCI

452
00:20:00,300 --> 00:19:56,380
experiences I think that is very

453
00:20:02,310 --> 00:20:00,310
relevant and the 66% perceive their

454
00:20:02,990 --> 00:20:02,320
experience as have been positives in

455
00:20:06,480 --> 00:20:03,000
their lives

456
00:20:08,910 --> 00:20:06,490
25% perceived as being neutral and

457
00:20:11,190 --> 00:20:08,920
nobody said it was really bad I wished I

458
00:20:13,290 --> 00:20:11,200
never had them although I believe it can

459
00:20:14,580 --> 00:20:13,300
be the case for some people but not in

460
00:20:17,330 --> 00:20:14,590
this population

461
00:20:20,970 --> 00:20:17,340
I wish someday we can make a catalog

462
00:20:24,930 --> 00:20:20,980
discerning signs that would help parents

463
00:20:28,110 --> 00:20:24,940

in ourselves how do we know if a certain

464

00:20:30,360 --> 00:20:28,120

perception we have is an imagination is

465

00:20:32,340 --> 00:20:30,370

our brain creating or is a real

466

00:20:35,370 --> 00:20:32,350

experience throughout all of these years

467

00:20:36,960 --> 00:20:35,380

I have seen so many know fake people

468

00:20:40,530 --> 00:20:36,970

study in this area and that does not

469

00:20:43,020 --> 00:20:40,540

contribute that only puts a whole work

470

00:20:46,650 --> 00:20:43,030

of all of us down I've seen people who

471

00:20:49,470 --> 00:20:46,660

really had skills becoming gurus and I

472

00:20:51,870 --> 00:20:49,480

have seen those who had zero skills just

473

00:20:55,140 --> 00:20:51,880

read books and they also try to become

474

00:20:57,060 --> 00:20:55,150

gurus because people are the population

475

00:20:59,220 --> 00:20:57,070

in general they may be gullible so we

476
00:21:02,310 --> 00:20:59,230
are dealing with a very sensitive topic

477
00:21:04,260 --> 00:21:02,320
that we have to take seriously so that

478
00:21:06,600 --> 00:21:04,270
we help people to understand without

479
00:21:08,010 --> 00:21:06,610
creating in their minds the idea that

480
00:21:10,560 --> 00:21:08,020
that's something supernatural

481
00:21:12,870 --> 00:21:10,570
on the contrary bringing these to have

482
00:21:14,760 --> 00:21:12,880
down-to-earth level I thank all of the

483
00:21:17,160 --> 00:21:14,770
participants they were very kind shared

484
00:21:19,050 --> 00:21:17,170
with me their intimacy and I think the

485
00:21:21,570 --> 00:21:19,060
IAC this is a photo from our campus in

486
00:21:24,240 --> 00:21:21,580
Portugal and they I see provided me a

487
00:21:32,600 --> 00:21:24,250
platform to be able to do this so my

488
00:21:38,250 --> 00:21:37,200

what a challenge that was wonderful so

489

00:21:44,070 --> 00:21:38,260

we do have some time for some questions

490

00:21:45,810 --> 00:21:44,080

I enjoyed that very much

491

00:21:47,640 --> 00:21:45,820

I've known to pass on some ideas to you

492

00:21:49,830 --> 00:21:47,650

because I've had some experience that

493

00:21:51,450 --> 00:21:49,840

there's my son when he was in the early

494

00:21:53,670 --> 00:21:51,460

teens he started having out-of-body

495

00:21:55,170 --> 00:21:53,680

experiences and I knew nothing about it

496

00:21:58,170 --> 00:21:55,180

so I couldn't really help him on that

497

00:22:00,210 --> 00:21:58,180

the trying to think what else happened

498

00:22:00,900 --> 00:22:00,220

well when to tell you a source that'd be

499

00:22:03,420 --> 00:22:00,910

good for you

500

00:22:07,110 --> 00:22:03,430

Carol Bowman has a book on childhood

501
00:22:08,970 --> 00:22:07,120
past life experiences and she went on to

502
00:22:10,830 --> 00:22:08,980
become a therapist and work with us and

503
00:22:12,600 --> 00:22:10,840
so she's probably willing to talk to you

504
00:22:13,080 --> 00:22:12,610
I can give you some references on that

505
00:22:18,180 --> 00:22:13,090
too

506
00:22:19,650 --> 00:22:18,190
does that be a good I'm not so sure by

507
00:22:22,590 --> 00:22:19,660
the name if you give me the reference

508
00:22:24,450 --> 00:22:22,600
later for the suggestion you're welcome

509
00:22:29,280 --> 00:22:24,460
I'm very glad there are not so many

510
00:22:34,890 --> 00:22:29,290
books out there for this the fact that

511
00:22:37,290 --> 00:22:34,900
people like you know I guess just

512
00:22:40,080 --> 00:22:37,300
children of all types and then also

513
00:22:41,880 --> 00:22:40,090

people on like who are like on

514

00:22:44,130 --> 00:22:41,890

psychedelics and then also people with

515

00:22:45,930 --> 00:22:44,140

like chemical imbalances or with

516

00:22:50,460 --> 00:22:45,940

psychological conditions experience the

517

00:22:54,050 --> 00:22:50,470

same thing that fact might give insight

518

00:23:00,210 --> 00:22:54,060

as to the nature of this phenomenon

519

00:23:04,170 --> 00:23:00,220

similarly what methods have worked to

520

00:23:08,730 --> 00:23:04,180

help people cope with it or two maybe

521

00:23:12,650 --> 00:23:08,740

even cure symptoms can also give insight

522

00:23:19,110 --> 00:23:12,660

so I was kind of curious like what like

523

00:23:23,460 --> 00:23:19,120

have people found useful for yeah for

524

00:23:24,270 --> 00:23:23,470

healthy or coping with because that's a

525

00:23:27,600 --> 00:23:24,280

very good question

526

00:23:29,550 --> 00:23:27,610

I have had cases of some parents who

527

00:23:32,100 --> 00:23:29,560

told me about their kids being afraid

528

00:23:35,520 --> 00:23:32,110

and so forth and I just taught them to

529

00:23:38,610 --> 00:23:35,530

explain in simple terms very simple

530

00:23:41,610 --> 00:23:38,620

terms you know about the energy world

531

00:23:44,100 --> 00:23:41,620

around us and how what we are perceiving

532

00:23:45,780 --> 00:23:44,110

about picking some information that is

533

00:23:47,970 --> 00:23:45,790

coming from a consciousness either be a

534

00:23:50,460 --> 00:23:47,980

physical one and no physical or from the

535

00:23:52,500 --> 00:23:50,470

environment there are so many reported

536

00:23:55,080 --> 00:23:52,510

and affirmed cases of poltergeists for

537

00:23:57,450 --> 00:23:55,090

example imagine a sensitive kid in a

538

00:24:00,180 --> 00:23:57,460

case like that so it can be very

539

00:24:01,830 --> 00:24:00,190

difficult there are many many experience

540

00:24:03,990 --> 00:24:01,840

that are very pleasant I just did not

541

00:24:06,030 --> 00:24:04,000

narrate them here but some experience

542

00:24:10,530 --> 00:24:06,040

are very pleasant and people meet very

543

00:24:12,450 --> 00:24:10,540

good entities or beings so number one my

544

00:24:15,000 --> 00:24:12,460

suggestion is learning how to deal with

545

00:24:17,820 --> 00:24:15,010

the situation as it is what we are

546

00:24:19,860 --> 00:24:17,830

perceiving is energy my fear here is

547

00:24:22,650 --> 00:24:19,870

because of an experience X and that

548

00:24:24,930 --> 00:24:22,660

explained the true thing to the kids all

549

00:24:28,080 --> 00:24:24,940

of the cases that parents have done that

550

00:24:31,080 --> 00:24:28,090

very easily kids picket because kids

551
00:24:34,140 --> 00:24:31,090
experience all of these which much more

552
00:24:38,190 --> 00:24:34,150
facility than we do you know after we

553
00:24:39,870 --> 00:24:38,200
grow up our brains so rigidly set and

554
00:24:43,110 --> 00:24:39,880
that's why we have to be careful on how

555
00:24:44,460 --> 00:24:43,120
we explain to kids never ever trying to

556
00:24:47,040 --> 00:24:44,470
tell them they should have these

557
00:24:47,700 --> 00:24:47,050
experiences but never ever trying to

558
00:24:50,850 --> 00:24:47,710
tell them

559
00:24:52,290 --> 00:24:50,860
this is wrong it's just an experience we

560
00:24:54,360 --> 00:24:52,300
don't tell it's wrong to have a dream

561
00:24:56,549 --> 00:24:54,370
why would be wrong to perceive something

562
00:24:58,140 --> 00:24:56,559
that's not physical unless you know a

563
00:25:00,570 --> 00:24:58,150

parent believe there's nothing beyond

564

00:25:01,650 --> 00:25:00,580

but when we check religions basically

565

00:25:04,860 --> 00:25:01,660

all religions say there's something

566

00:25:06,150 --> 00:25:04,870

beyond so what is the thing there and so

567

00:25:07,830 --> 00:25:06,160

that is the one thing the other thing is

568

00:25:09,450 --> 00:25:07,840

about drug that you mentioned some

569

00:25:11,790 --> 00:25:09,460

people do experience things with drugs

570

00:25:14,430 --> 00:25:11,800

we don't recommend because later on we

571

00:25:17,100 --> 00:25:14,440

cannot say what was just a creation of

572

00:25:19,410 --> 00:25:17,110

the brain just an imagination just an

573

00:25:21,480 --> 00:25:19,420

effect or maybe the drug produced some

574

00:25:24,120 --> 00:25:21,490

of these experience but it's so

575

00:25:26,340 --> 00:25:24,130

difficult to interpret to understand

576

00:25:29,280 --> 00:25:26,350

what we sensed and what it means when we

577

00:25:30,600 --> 00:25:29,290

are super lucid imagine if we are under

578

00:25:32,730 --> 00:25:30,610

the influence of drugs so the

579

00:25:36,540 --> 00:25:32,740

information that comes with the

580

00:25:38,970 --> 00:25:36,550

experience is not very reliable so you

581

00:25:40,799 --> 00:25:38,980

know we can do that and feel great with

582

00:25:47,370 --> 00:25:40,809

all the drugs but of course we need to

583

00:25:49,290 --> 00:25:47,380

teach the methods ok yeah thank you very

584

00:25:51,180 --> 00:25:49,300

much I think this kind of material needs

585

00:25:52,390 --> 00:25:51,190

to be made more available to the general

586

00:25:54,070 --> 00:25:52,400

public one

587

00:25:56,800 --> 00:25:54,080

book that was really impressive I read

588

00:25:59,710 --> 00:25:56,810

about 15 years ago called visions of

589

00:26:01,540 --> 00:25:59,720

innocence I can't remember the author I

590

00:26:03,940 --> 00:26:01,550

think was a psychologist from New York

591

00:26:05,380 --> 00:26:03,950

last name of Hoffmann but he goes into a

592

00:26:07,240 --> 00:26:05,390

lot of the details on your talk about

593

00:26:10,300 --> 00:26:07,250

and what happens to the child afterwards

594

00:26:12,370 --> 00:26:10,310

in a very positive sense what did the

595

00:26:14,110 --> 00:26:12,380

name of the book again I said I remember

596

00:26:16,600 --> 00:26:14,120

the name vividly is on top of my shelf

597

00:26:21,070 --> 00:26:16,610

visions of innocence visions of

598

00:26:22,570 --> 00:26:21,080

innocence thank you so much thank you

599

00:26:25,210 --> 00:26:22,580

for bringing a developmental perspective

600

00:26:27,370 --> 00:26:25,220

to to this dialogue because we have

601
00:26:28,660 --> 00:26:27,380
focused on only on adults and I think it

602
00:26:30,700 --> 00:26:28,670
would be interesting to have a

603
00:26:32,920 --> 00:26:30,710
comparative perspective and seeing how

604
00:26:33,910 --> 00:26:32,930
the SCI experiences look in childhood as

605
00:26:36,430 --> 00:26:33,920
opposed to adulthood

606
00:26:39,130 --> 00:26:36,440
but I have a question concerning the

607
00:26:42,760 --> 00:26:39,140
themes that you will imagine that could

608
00:26:44,170 --> 00:26:42,770
be addressed in parent education as you

609
00:26:46,420 --> 00:26:44,180
have spoken that they can be so

610
00:26:48,820 --> 00:26:46,430
detrimental for the child experience how

611
00:26:50,800 --> 00:26:48,830
do you see a potential development of

612
00:26:52,720 --> 00:26:50,810
curricula for parent education I think

613
00:26:55,380 --> 00:26:52,730

the first thing we need to do is to

614

00:26:59,050 --> 00:26:55,390

guide parents how to hear and what

615

00:27:01,120 --> 00:26:59,060

questions to ask because if you ask the

616

00:27:04,330 --> 00:27:01,130

wrong question you will induce the child

617

00:27:07,030 --> 00:27:04,340

to fantasize and please you or you will

618

00:27:09,790 --> 00:27:07,040

repress the child so number one thing is

619

00:27:12,280 --> 00:27:09,800

what is the right way for me to open up

620

00:27:15,070 --> 00:27:12,290

for my child to try and explain to me

621

00:27:16,960 --> 00:27:15,080

and we would teach about these and we

622

00:27:19,570 --> 00:27:16,970

talk to adults it's so difficult to

623

00:27:22,000 --> 00:27:19,580

express our experiences because they are

624

00:27:23,950 --> 00:27:22,010

not completely physical even though we

625

00:27:26,230 --> 00:27:23,960

may sense them sometimes here with the

626
00:27:28,660 --> 00:27:26,240
physical body so we do not have proper

627
00:27:30,280 --> 00:27:28,670
words it's confusing many times we may

628
00:27:31,570 --> 00:27:30,290
have an out-of-body experience we only

629
00:27:33,520 --> 00:27:31,580
remember a fragment

630
00:27:35,140 --> 00:27:33,530
it's very common not to be sure if an

631
00:27:35,740 --> 00:27:35,150
experience is a dream or an out-of-body

632
00:27:37,570 --> 00:27:35,750
experience

633
00:27:39,970 --> 00:27:37,580
welcome aboard that is the case with me

634
00:27:42,100 --> 00:27:39,980
sometimes but fortunately some cases are

635
00:27:44,590 --> 00:27:42,110
very clear and that's those are the ones

636
00:27:50,320 --> 00:27:44,600
we rely on so I think we have to help in